

ELITE ACADEMY

"Better together"

HAPPY EARTH MONTH

April is recognized as Earth Month, a special time to celebrate and pay tribute to our planet! This month focuses on raising awareness about environmental challenges and encouraging sustainable practices. National Earth Day falls on April 22nd, and this year's theme is "Our Power, Our Planet."

During April, students at Elite Academy will participate in hands-on activities designed to promote sustainability. These activities will include tending to our school garden to cultivate flowers and vegetables, constructing a rain barrel, and launching a school-wide initiative aimed at recycling and minimizing energy consumption.



We are excited to explore the world of sustainable practices and discover enjoyable ways to contribute to our planet.

We also encourage all students to be eco-warriors at home, enhancing their green footprints. Remember, every act, no matter how small, plays a tremendous part in taking care of Planet Earth.



DIY RAIN BARREL

Did you know that the State of Virginia promotes rainwater collection as a means to conserve water and alleviate pressure on local water resources?

Rainwater is a valuable natural resource that can be captured and reused. Utilizing a rain barrel is an effective and inexpensive way to save water and lower utility bills. Additionally, rain barrels offer a free and easily accessible water source for activities such as gardening or washing your car.

Beyond the financial savings and convenience, rain barrels help mitigate stormwater runoff, flooding, and erosion.

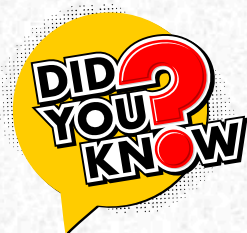
On Earth Day this month, interested students will learn how to construct a rain barrel using just three simple materials: a watertight barrel, a sink strainer, and a spigot.

The rain barrel made will help nourish our school garden and students will have had the satisfaction of taking part in a sustainable practice that will last for years to come.



“I have learned you are never too small to make a difference.”

-Greta Thunberg-



There are more trees on Earth than stars in the Milky Way

Americans throw away 25 trillion Styrofoam cups every year (Styrofoam is not biodegradable)

A glass bottle can take up to one million years to decompose.

SMILE

Your brain and body are like besties with a secret handshake – what one feels, the other mimics! When your mind's in a twist, your body's all tense, but when you're chillin' mentally, your body's like butter, all soft and relaxed.

Here's the cool part: you can trick your brain by relaxing your body! One nifty trick? Flash a smile!

Next time life throws a curveball, try loosening up those face muscles and show off those pearly whites. It's like giving your mind a wink, saying, "We got this!" even if you're not dancing on cloud nine.



ELITE INVITATION

We are excited to share that the awards assembly for third-quarter honors is Friday, April 4! As always, we warmly welcome all guardians and immediate family members to join us. Doors will open at 9:15, the assembly will begin at 9:35.

DATES TO REMEMBER

April 18	Half Day
April 21	Easter Monday - No School
April 22	Earth Day

